

HEALTH BORDERS

WITHOUT

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Health Without Borders aims to improve health literacy skills with young migrants, refugees and youngsters at risk of social exclusion in an embedded learning perspective, while promoting a set of socio educational innovative approaches for front-line youth workers to raise awareness about the importance of health literacy with their target-groups.

ABOUT THE PROJECT



TRANSNATIONAL PARTNER MEETING

After several online meetings, partners in the Erasmus+ project Health Without Borders have finally met in Graz! On 16th and 17th of November we reviewed project progress, project milestones and future actions.



OUR ACTIONS

The Health Literacy Toolkit of Resources (IO1) aims to foster Health Literacy skills, competences and attitudes in the daily life of young people, by facilitate access to audio-visual health information and improve their availability, while providing embedded learning opportunities The Health Literacy Toolkit of Resources is fully finished and will soon be available online. Here is an example of one of the resources.

Access to medical services

Health Literacy Toolkit of Resources

What do you need to know about health care access in Austria

For accessing the Health System in Austria you need to have:

1. Health Insurance
2. E-card
3. General practitioner (Hausarzt)

When you have these 3 you can visit your general practitioner anytime you need. He/she will be able to refer you to a specialist if needed.

Checklist when visiting your general practitioner/specialist

1. Describe your symptoms precisely
2. Previous investigations and findings
3. Mention any medicines you are taking at the moment
4. Mention any allergies
5. Any questions

Take notes and don't be afraid to ask again if you didn't understand something.

More information regarding Health Care access in Austria

General practitioners in your region

How to navigate the Medical Health System in Austria in German, Arabic, Dari and Somali

Access to medical health care in a foreign country is one of the most important aspects to consider when living/moving in another country.

Logos: Erasmus+, KulturLife, AURiVE, Right2Change



The In-Service Training Programme (IO2) will be targeted to youth workers, social work specialists and non-formal educators. It will be divided in four modules: Health Literacy Toolkit of Resources; Communication strategy in Health Literacy; the benefits of Embedded Learning Environments and the benefits of Comics, Storytelling and Gamification in interventions with young migrants, refugees and marginalised young people. The programme is almost prepared and will be fully available in all partner languages in February 2022.

The Online Portal (IO3) is currently under construction and will be available in all partner languages: Portuguese, German, Italian, Romanian and Austrian.

