

HEALTH BORDERS

February 2021 | E MAGAZINE 1



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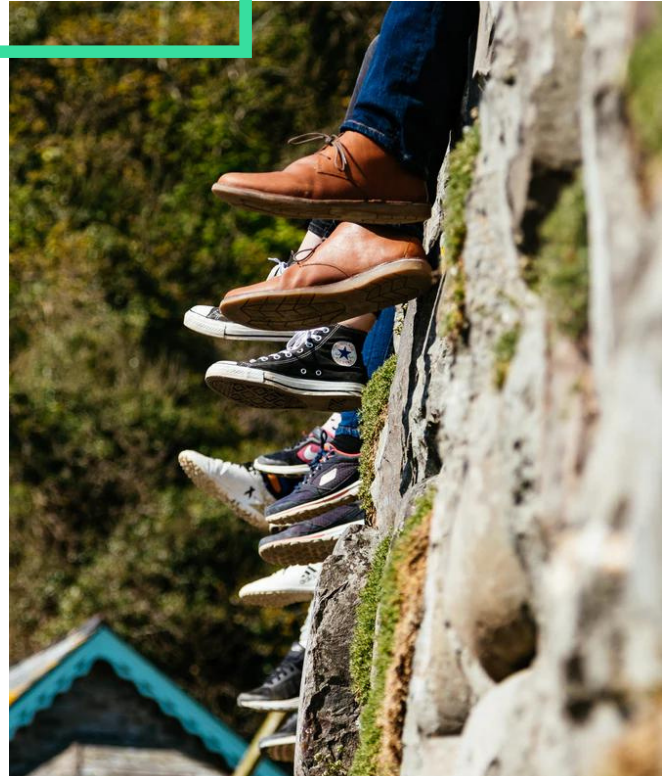


ABOUT THE PROJECT



Health Without Borders aims to improve health literacy skills with young migrants, refugees and youngsters at risk of social exclusion in an embedded learning perspective, while promoting a set of socio educational innovative approaches for front-line youth workers to raise awareness about the importance of health literacy with their target-groups. The project is being developed by a team of five organisations from Austria, Portugal, Germany, Romania and Italy as follows:

- InterAktion (Austria)
- Rightchallenge (Portugal)
- KulturLife (Germany)
- University of Pitești (Romania)
- Aurive Societa' Cooperativa Sociale (Italy)



The **Health Literacy Toolkit of Resources (IO1)** aims to foster Health Literacy skills, competences and attitudes in the daily life of young people by the facilitation of audiovisual health information, while also providing embedded learning opportunities. Partners responsible for developing the resources are in the process of finalising the first version of the materials in English, with the support and constant feedback from the project consortium. IO1 will be fully available in all partner languages in August 2021

The **In-Service Training Programme (IO2)** is targeted at youth workers, social work specialists and non-formal educators. IO2 will help them to better understand the principles of health literacy and the importance of a cohesive communication strategy while working on health literacy with young people at risk of social exclusion, but also to understand the benefits of developing embedded learning strategies. This output will be fully available in all partner languages in February 2022.

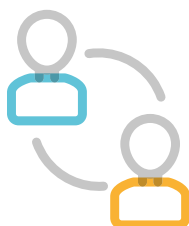
Last (but not least), the **Online Portal (IO3)** will serve as a multilingual and online interactive platform to enable the full access to the educational resources developed throughout the project. The portal will be designed after the completion of IO1 and during the implementation of IO2. It will be fully available online in July 2022.



NEXT STEPS



Although the covid-19 pandemic hindered the first project meetings, online communication between the Health Without Borders consortium has been steady. We are hopeful that we can meet face-to-face in beginning of 2022.



Stay tuned to the Health Without Borders project [website](#)!



Click [here](#) to follow us in the Health Without Borders Facebook Page!



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PRESS CORNER

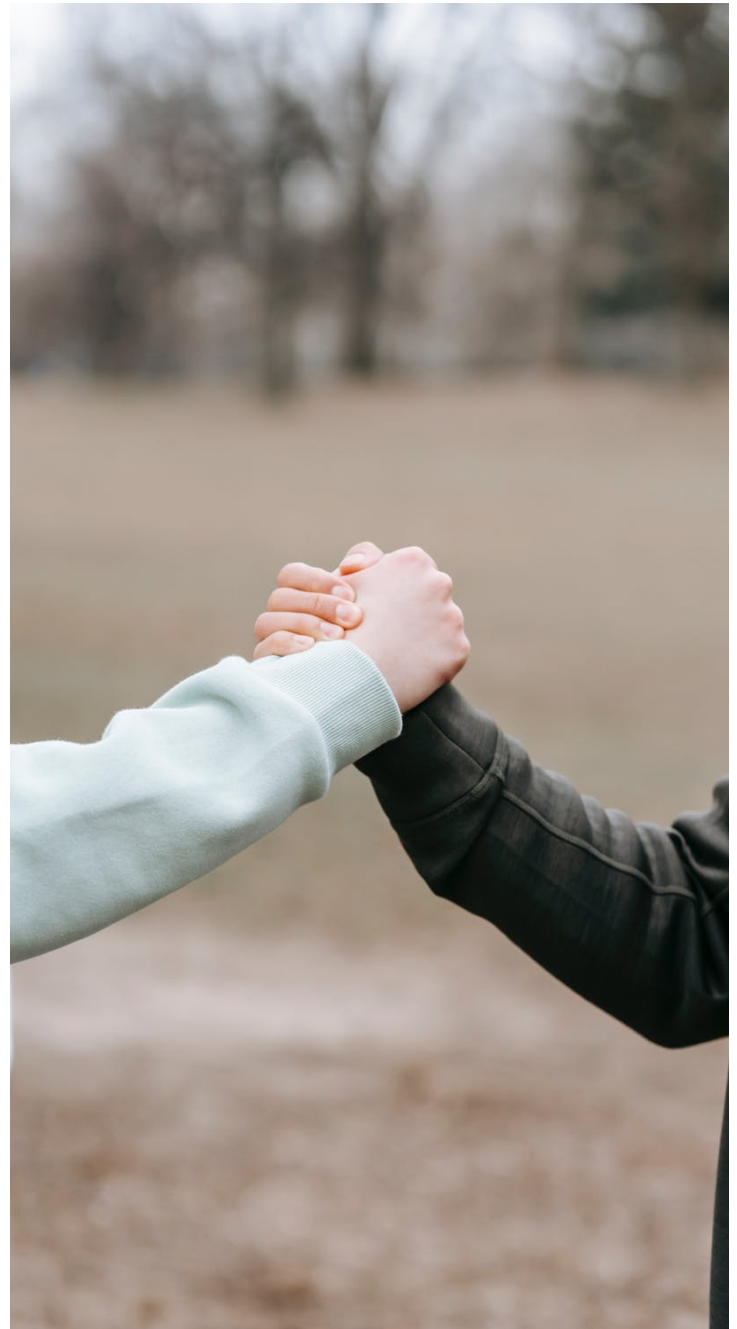
FOR YOUTH WORKERS

COVID-19: Working with and for Young People

This guidance note provided by UNICEF is meant to assist humanitarian actors, youth-led organisations, and young people themselves across sectors, working at local, country, regional, and global levels in their response to the coronavirus pandemic. Click [here](#) to find out more!

Remote support toolkit: Evidence-based practices for supporting young people's mental health and wellbeing remotely during Covid-19

This toolkit developed by Youth Access pulls together the best practices on how to support young people's mental health and wellbeing remotely in a safe and accessible way. It's been designed to make it easy to find the information you need to provide engaging online services at your organisation, whether you have a remote offer that you're looking to strengthen or are embarking on offering remote support for the first time. Click [here](#) to find out more!





PRESS CORNER

FOR YOUTH

What to do if you're anxious about coronavirus

If the current news on coronavirus (COVID-19) is making you feel anxious, concerned or stressed, Young Minds explains some things you can do to cope with stress and uncertainty. Click [here](#) to find out more!

Self-care during the COVID-19 outbreak

Orygen developed a list of self-care activities you can do from home that can help you feel a bit better and give you a sense of control. Click [here](#) to find out more!

Coronavirus disease (COVID-19): Adolescents and youth

This Q&A aims to answer all your questions regarding COVID-19. The webpage is available in several languages, including English, Spanish, French, Russian, Chinese and Arabic. Click [here](#) to find out more!

