

# HEALTH BORDERS

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# WITHOUT





# TRAINING ACTIVITIES

FOR YOUTH WORKERS

**After the Learning, Teaching, Training Activity (LTTA) in April, it was time for our In-National Service Training during May and June in each partner country.**

## What was the aim of the training?

The training was aimed to promote and disseminate the second project result (In-Service Training Programme) and to train youth workers to gain theoretical knowledge about health promotion and communication in the health sector.

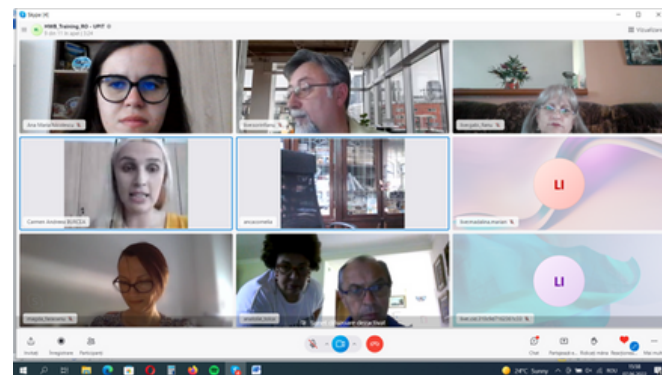
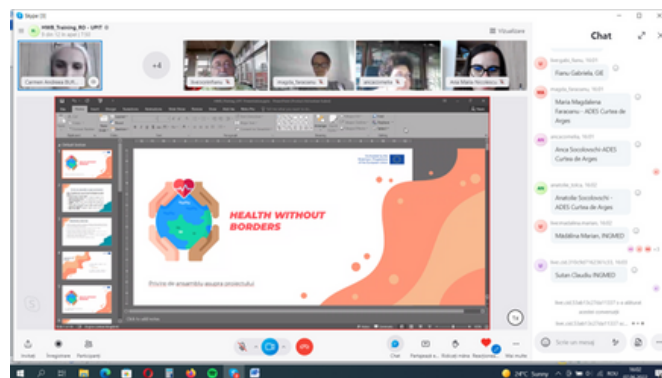
## Who was the target audience of the training?

The 10 youth workers that attended the online LTTA delivered the training to other 10 local youth workers in each partner community.

## What was the feedback from the participants?

The participants realized to have limited knowledge of how to address health literacy and the need for a wider range of health literacy competencies.

The training increased self-rated competencies of health, especially with regard to how to further enhance the power of multimedia communication to address health literacy-related problems and support the development of people's autonomy in health care management.





# MULTIPLIER EVENT

## HEALTH WITHOUT BORDERS WORKSHOP



**The Health Without Borders workshop was organised in the last months of the project lifecycle in all partner countries.**

**The events were free of charge and community-open. The participants had the opportunity to share good practices and enhance their network.**

### THE HEALTH WITHOUT BORDERS WORKSHOP AIMED TO:

- Present and showcase the Outputs: IO1- Health Literacy Toolkit of Resources; IO2- In-Service Training Programme and IO3- Online Portal.
- To enable engagement and interaction with the target groups and stakeholders with the developed resources.
- To promote the creation of new community dynamics and synergies, seeking new spaces for coexistence and social inclusion that enhance health, well-being, and multicultural coexistence.

#### How to choose the best products





# TRANSNATIONAL PARTNER MEETING IN PORTO



Porto welcomed the partner countries with the sun and good weather!

In this last transnational partner meeting, we reviewed the project milestones and the final steps for the online portal.



## ONLINE PORTAL

The Portal is the heart of the project.

Why?

### Access to Portal



In the Portal, you can find all the resources that have been developed during the lifecycle of the project. The principles of the Portal are based on the concepts of social constructivism, collaborative learning, motivation and curiosity stimulation. It is an asset for young people and added value for youth professionals who want to embed Health Without Borders in a traditional classroom or in a blended learning environment.

All the resources available are free to download and available in all partner languages: Portuguese, German, Italian, Romanian, and Austrian. And we have one more surprise! We also have the Infographics and the Comics developed in the IO1 - Health Literacy Toolkit of Resources in French, Farsi, Ukrainian, and Arabic. You can find additional health literacy tools, resources, and programmes.



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